



## BOOK LIST – Professional Massage Licensing Program

### REQUIRED BOOKS

<b>Massage Mastery</b> (1 <sup>st</sup> Edition) By: Anne Williams, 2013 (list price \$79.99) ISBN: 9780781780179	(MT&P)
<b>Trail Guide to the Body</b> (5 <sup>th</sup> Edition) By: Andrew Biel, 2010 (list price \$64.95) ISBN: 9780982978658	(Kines)
<b>Trail Guide to the Body - Work Book</b> By: Andrew Biel, 2010 (List Price \$23.20) ISBN: 9780982978665	(Kines)
<b>Memmler's The Human Body in Health and Disease</b> (13 <sup>th</sup> ed. 2014) By: Barbara J. Cohen (list price \$59.99) 9781451192803	(A&P)

Each student is required to purchase an "Exam Coach Subscription" from ABMP for \$75 as a study tool for the MBLEx. The information contained within the subscription will become an incredible tool for success. Students will need to purchase this 6 months before they plan to take the MBLEx. If desired, the student can then purchase their first year of Professional Liability Insurance for just \$75 by applying this subscription to it.

To receive 20% off the above Lippincott textbooks and get free shipping, go to <http://www.uat-wkhpe.com/BellevueMassage>

1. Click on one of the product links.
2. Once on the product page you wish to purchase, use the "Add to Cart" button to select the product and click "Proceed to Checkout" to place the product in your online shopping cart.
3. If you do not see the discount reflected immediately, enter the promotion code **WZT6401** into the "Promotion Code" field in your shopping cart.
4. Click the "Apply" button. You will see the discount applied.

### BMS PROVIDES:

**School Reference Book**, created by: Bellevue Massage School

\*\*\* Please note this booklist is subject to change without notice. Please contact us prior to your book purchases.

# BELLEVUE MASSAGE SCHOOL

## RECOMENDED BOOKS

### STUDY MATERIALS

**Trail Guide to the Body Flash Cards – Vol 2** (2010)

By: Andrew Biel ( List price \$23.95)

ISBN-10: 0982663447 , ISBN-13: 978 0982663448

(Kines)

**The Anatomy Coloring Book**

by: Kapit & Elson,

(A&P/Kines)

**Mastering Muscles & Movement**

by: David M. Campbell, 2007

(Kines)

### REFERENCE BOOKS

**The Educated Heart**

by: Nina McIntosh, 2010

ISBN: 978 160 547 7138 (List price \$47.95)

(MT&P)

**Muscles, Testing & Function**, 3rd Edition

by: F. Kendall & E. Kendall

(MT&P)

**The Extremities**

by: Warfel

(Kines)

**The Head, Neck & Trunk**

by: Warfel

(Kines)

**Clemente's Anatomy**

(A&P)

**The History of Massage**

by Robert Noah Calvert

(MT&P)

**Taber's Cyclopedic Medical Dictionary**

by: Davis , available in text as well as an online resource site

(ALL)

**Body Mechanics for Manual Therapists**

by: Barbara Frye

ISBN: 0-970-05210-3

(MT&P)

**Clinical Massage Therapy**

by: Fiona Rattray, Linda Ludwig, 2001

ISBN: 096 981 7711 (Approximately \$80.00 + US shipping)

(purchase at [www.clinicalmassage.com](http://www.clinicalmassage.com) )

(MT&P)

### BUSINESS BOOKS

**Business Mastery** (designed for Healing Arts professionals)

by: Cherie Sohnen-Moe